

Dear Students, Teachers, Parents and Caregivers:

As many of you know, our son, Tristan Knapp-Fisher, has embarked on a long and sometimes difficult journey living with Duchenne Muscular Dystrophy (DMD), a rare and serious form of muscular dystrophy that affects young boys.

While our family experiences the many frustrations that accompany Tristan's journey, we are also aware of the unique opportunity we have. That is why we decided to create the **Tristan Graham Children's Foundation**, in an effort to raise awareness of DMD while helping others and giving back to society.

When: On **Saturday, June 7nd**, we will embark on our second annual **Walk a Mile in our Shoes**. The fundraiser is in support of all boys living with DMD who have lost the ability to walk. Proceeds will go to the Tristan Graham Children's Foundation.

Where: Participants will meet at Tulista Park at 10:00 am, where we will commence our walk. There will be a half-way point (5km) for younger kids, and a full 10km walk for those wanting to go the distance! We will enjoy hot dogs and refreshments at the playground after the walks have finished. Maps will be handed out on event day.

Collections: All donations will go toward the **Tristan Graham Children's Foundation**. Donations of \$10 or more will receive a charitable tax receipt under the Income Tax Act, so please ensure all information on your **Collection Sheet** is filled in clearly.

You can drop off your Collection Envelopes at:

- Tulista Park to a designated volunteer, the morning of the event,
- Your school's main office (in a sealed envelope), or
- send them directly to Victoria Foundation at #109-645 Fort St., Victoria, V8W 1G2, *attention: The Tristan Graham Children's Foundation*. (No coins please).

We hope you join us in our quest to raise awareness for DMD, and to help spread the word about helping our children to make a difference in the lives of others.

For further information, please contact Karen McCoy at 655-7012 or visit us online at www.mccoyfitness.ca for a direct link to the Foundation's mission statement and objectives.

Best regards,



If you plan on attending, please fill out and detach the form below and return it to your school's office by May 30th. Thank You!

Yes we will be participating in the walkathon!

Number of adults _____ **Number of children** _____