



Fitness & Health
www.mccoyfitness.ca

**Jane!!!
You have a GIFT
from**



Merry Christmas Jane!

Congratulations and Welcome to the
10-Week Best Shape of Your Life Challenge!

You have a spot in the next Challenge starting
January 9th, 2012!

It's time to get lean, fit, and shapely with the Best
Shape Challenge! Look and feel GREAT!

You'll receive all the details one week prior to start date.
In the meantime, check out what's in store for you.

 **[CLICK HERE!](#)**

Questions? Email: karen@mccoyfitness.ca

Purchased for you by: Jane Doe, Victoria, BC

Message: (".....Your personal message goes here.....") - from mom and dad / hubby / sis...